

## Volunteer, Inmate Leisure Time & Self-Help Program Inventory 2010

<b>SALINAS VALLEY STATE PRISON (SVSP) 31625 Highway 101 Soledad, CA 93960</b>		<b>Vacant Community Resource Manager (831) 678-5555</b>
	<b>Name of Program</b>	<b>Summary Description</b>
<b>1</b>	Alcoholic Anonymous (AA)	12-step recovery program where inmates learn to acknowledge alcohol addiction and the need to live a sober life
<b>2</b>	Alternative to Violence (AVP)	Volunteers come in and teach how to deal with anger in a positive manner
<b>3</b>	Breaking Barriers	The group's specific purpose is to break an inhibiting cycle of conditioned habits and help inmates become more productive and fulfilled human beings while learning about the body of knowledge found in cognitive psychology
<b>4</b>	Code 4	Juvenile diversion program that selected inmates mentor to at risk male juveniles
<b>5</b>	Epictetus Club	Social skills and leadership training
<b>6</b>	Narcotics Anonymous (NA)	12-step recovery program where inmates learn to acknowledge narcotics addiction and the need to live a sober life
<b>7</b>	Veterans	Provide aid and support to inmates that are veterans relating to benefits, PTSD, and substance abuse

Updated annually in May